AT-HOME AND ONLINE LEARNING DURING SCHOOL CLOSURES

While we at **Catapult Learning** firmly believe that nothing can replace direct instruction and support from our teachers, we offer the following as a resource and guide to help families plan for disruption to the normal educational environment.

Establishing an Environment for Learning

Below are some suggestions which may help your child/ren transition to distance learning during an extended school closure:

- If possible, set up a dedicated space at home, free from distraction, with room for a device, classwork materials, and supplies.

- Talk with your child prior to the transition, to alleviate fears or concerns.

- If possible, keep an open line of communication with your student's school, teachers and other families in your community, via e-mail, online chat, discussion forms or videoconferencing (Zoom is FREE right now!).

- Be clear about expectations, while setting achievable goals for students.

- Create schedules with your child to help them adhere to some level of normalcy comparative to the traditional classroom. Offer flexibility but encourage a routine. See sample schedules like the ones below, adapted from Khan Academy:

Time	Kindergarten, 1st and 2nd Grade	3rd–5th Grade	6th–8th Grade	High School
8–9 am	Breakfast and Getting Ready: encourage students to keep the routine of dressing for a school day			
9:00–9:30 am	Math Packets *Online math activities*	Math Packets *Online math activities*		
9:30–9:45 am	Play - ideally outside if weather permits			
9:45–10 am		Shorter Break: 15 mins		
10:00–10:30 am	Reading time - with parent or sibling if available	Reading Packets *Online reading activities*	Reading Packets *Online reading activities* Silent Reading	
10:30–11 am	Respond to Reading: write or draw	Silent Reading		
11:00–11:30 am	Break - ideally run around and play outside	Shorter Break: 15 mins		
		Grammar Work		
11:30 am–12:00 pm	Phonics or Grammar *Online reading activities*	Writing or Journaling with Prompts		
12–1 pm	Lunch			
1–2 pm	Science and Social Studies Online Activities (see suggestions below)			
2:00–2:30 pm	Free time: hobbies, exploring new things	Walk/Yoga/Exercise App or Website (see suggestions below)		
2:30–3:30 pm	Enrichment activity: coding class, art, baking, craft-making			

Instructional Materials – Math & Reading Packets

Printable math and reading lessons and activity packs are available for you to use at home. You can access these materials directly here or visit http://i-ready.com/athome.

Online Instruction

Internet Access at Home

Families in need of high-speed Internet access can find companies offering free or low-cost services during this time. Contact your current Internet/cable service provider to see if they are offering specials in your area or the companies below:

Comcast: https://www.internetessentials.com/covid19
Spectrum: Families can call **(844) 488-8395** to enroll. Installation fees will be waived. Regular pricing will take effect at the end of the 60-day period if a customer doesn't cancel or change the service.

Online Learning Activities

The list below are offerings and activities available from many organizations* to support online learning.

Activity/Content Area	Description and Sample Website URL
Virtual Field Trips and Geographic Site Tours	**Discovery Education:** https://www.discoveryeducation.com/community/virtual-field-trips/ **San Diego Zoo:** https://kids.sandiegozoo.org/videos **The Great Wall of China:** https://www.thechinaguide.com/destination/great-wall-of-china
Online Games with Content Area Focus	**The Election Process:** icivics.com or https://pbskids.org/youchoose **Food Chains:** https://www.bbc.co.uk/bitesize/topics/zbnnb9q **Funbrain Math Zone:** https://www.funbrain.com/math-zone
Silent Reading and Storytime	**International Children's Digital Library:** http://en.childrenslibrary.org/ **Open Library:** https://openlibrary.org/ **Barnes and Noble:** https://www.barnesandnoble.com/b/free-ebooks/nook-books/kids **Storyline Online:** https://www.youtube.com/user/StorylineOnline/about
Writing Prompts	**Writeable:** https://www.writable.com/ **Scholastic Story Starter:** http://www.scholastic.com/teachers/story-starters/
Grammar	**K12 Reader:** https://www.k12reader.com/spelling-worksheets/ **Starfall:** https://www.starfall.com/h/
Art and Music	**Art for Kids Hub:** https://www.youtube.com/user/ArtforKidsHub **Music Memory:** https://www.primarygames.com/arcade/music/musicmemory/ **Drawing Now:** https://www.drawingnow.com/tutorials/
Physical Fitness	**Go Noodle:** https://www.gonoodle.com/ **Fitness Apps:** https://www.commonsense.org/education/top-picks/best-nutrition-health-and-fitness-apps-for-kids
Enrichment Activities	**Online Coding:** https://scratch.mit.edu/ **Hour of Code:** https://hourofcode.com/us
Social Studies	**National Geographic:** https://www.nationalgeographic.org/education/resource-library **Library of Congress:** https://www.loc.gov/ **Smithsonian Education:** https://learninglab.si.edu/
General Content	**Khan Academy:** https://www.khanacademy.org/ **CK12:** http://ck12.org **BrainPop:** https://www.brainpop.com/ **Kahoot!:** https://kahoot.com/family-friends/ **Scholastic:** https://classroommagazines.scholastic.com/support/learnathome.html

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